

# NEWSLETTER Spring 2017

# 9TH ANNUAL GOLF TOURNAMENT

The L'Arche Halifax Annual Golf Tournament is changing and we are happy to partner with Prescott Group and Special Olympics Golf in hosting a new and improved 9<sup>th</sup> Annual Golf Tournament on Monday September 18<sup>th</sup>, 2017. Our theme for this year is **building communities where we live, work and play** and we invite you to join us.

We have moved the venue to the beautiful Glen Arbour Golf Course. Glen Arbour Golf Course, artistically hewn from some of Nova Scotia's most pristine landscape, offers an exceptional golf experience just a short distance from Halifax. Play the 18-hole par 72 course where you will find a premium golf experience that surpasses the greatest expectations. It will challenge the best and promises to reward all.

Registration is at 8am with a Shot Gun Start at 9am RAIN or SHINE, as usual.

Instead of a sit down meal later in the day, this year we will be offering a mix & mingle atmosphere with delicious hamburgers and sausages with all the fixings. Fireside Kitchen from Prescott Group will be offer-ing fresh baked goods at registration as well as treats on the course.

There will be a silent auction, cash raffle, goodie bags and as always, great team prizes!

We are excited to offer you this great experience in support of 3 worthy organizations.

Here are some ways to contribute:

- Are you a golfer? Enter a team, tell your friends
- Not a golfer? How about sponsoring a golfer, a team or a hole
- All levels of sponsorship will receive fresh baked treats at registration, complimentary burger/sausage & drink ticket, recognition on Sponsor board, website and social media as well as a L'Arche Halifax/Prescott Group Swag Bag
- **Donate an item for our auction**, for example, gift certificates, works of art, household items, etc.



Please don't hesitate to contact us for further information and we hope to see you there!

Sincerely, Kelly Geddes, Community Leader







# LIVING SERVANT LEADERSHIP

In January our region decided to dedicate one day to be together with the single focus of choosing joy. This is one of our Servant Leadership bubbles that sometimes we can forget in the busyness of daily life. It was the largest attended gathering, with good reason, of course-who doesn't like to have fun?? We made crafts, sang songs, shared lunch together, were silly and took the day to just be together. Everyone agreed that this should be an annual event.

This year in February we held our first ever Assistant's formation weekend. The theme was Mutual Relationships. We spent time getting to know one another better, telling our stories and taking time to write and share appreciations for each person in the group. It was a time of team building, increasing awareness of ourselves and one another and focusing on gratitude in our daily life in community. We came back refreshed in our desire to live the mission of L'Arche and had a great time singing the song that we wrote for our core members. They each had their own verse and seeing their faces as they each realized which was their part made our hearts swell. It's about feeling loved and appreciated for who we all are.

In March we supported 3 long term members of L'Arche to travel to Trosly, France to attend a silent retreat led by our founder, Jean Vanier. Jean gave talks each morning and Sue Mosteller and Ruth Patterson gave the afternoon sessions. L'Arche began in Trosley and to visit there, to meet and spend time with Jean, is a very sacred experience. We can't wait to hear all about their time together!

#### WHAT'S HAPPENING NEXT

Art Show April 21-23, 201, St Agnes Church Hall

> Open House June 3, 2017 2pm to 4pm

Annual General Meeting June 20, 2017, 6pm Ward 5

International Federation
Assembly
in Ireland June 20-27, 2017

Golf Tournament September 18, 2017

Sunday Gatherings 2nd Sunday of the month , 1:30-3:30pm St Agnes Church Hall on Mumford Rd June, September & November

Community Prayer April 11, May 9, June 13, September 12, 7pm, Vanier House Please RSVP to 902-407-8701





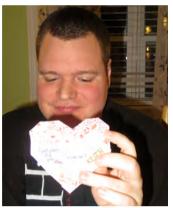
### **CELEBRATIONS**

Community life has been full and busy-just the way we like it! We walked the journey through Advent, decorating our homes a little bit more each week, building excitement as we waited to celebrate the birth of Jesus. We each had a Secret Santa who took time each Tuesday to do something special for us. Sometimes leaving a special drink by our bedroom door, folding our laundry or writing a nice note. We gathered for an evening of exchanging gifts and revealing who our Secret Santas were. We had figured out some but not all!

Our Annual Christmas Carol Sing was held at Ward 5 and, as usual, was a time of friendship, fun and great food. Some of our members choose to spend Christmas with their families and for the ones who stay in the community, Christmas morning brings gifts and a nice breakfast. We are truly thankful for the kindness and generosity of friends shown to us each holiday season.

Our community loves to celebrate and rarely does a week go by when we aren't having a birthday or anniversary supper. We take any and all opportunities to have a party. From Valentine's Day where everything is red to St Paddy's where everything is green, we have fun together.

















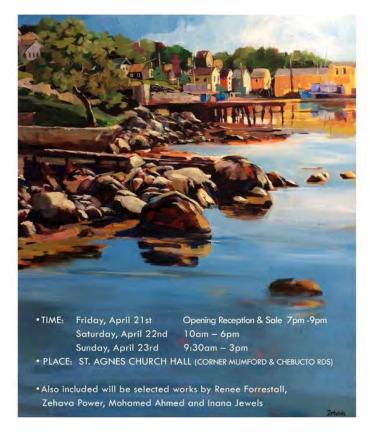
#### **BUILDING COMMUNITY**

A couple of years ago when one of our members passed away suddenly, we were all very broken. We decided that we needed a day together to pray and to nourish our minds, bodies and spirits. We called it a Community Day and we all stayed home and spent the day together. We decided to make that an annual tradition. We had quiet time in the morning with soft music, did some meditative colouring, went for silent (well, as silent as we could be) walks and then gathered together to share what the morning brought for us. In the afternoon we went bowling together then out for supper. To round out the evening, we read stories. Being read to is something we are used to as children but it doesn't often happen as adults. It was a peaceful and loving way to finish off our day together.

We continue the tradition of having a Girl's Night a couple of times a year. We make fancy drinks, play games and have snacks. This relaxed time together helps deepen relationships and creates wonderful memories.

#### **ART SHOW & SALE**

Our Annual Art Show and Sale will be held April 21-23, at St. Agnes Church Hall. This event provides an opportunity for local artists to sell their work and a portion of all sales is donated to L'Arche Halifax. It is also a great time to talk with the wider community about L'Arche



# STAY IN TOUCH

Stay connected with L'Arche Halifax online for more upcoming events, information, photos, and life in our community!



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facebook.com/larchehalifax



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www.larchehalifax.org



(902) 407 - 5512



5512 Sullivan Street Halifax, Nova Scotia B3K 1X7

# DONATE TO L'ARCHE HALIFAX

You may donate financially to L'Arche Halifax by:

Cheque: mail to L'Arche Halifax at 5512 Sullivan Street, Halifax, NS B3K 1X7

Credit Card: Phone (902) 407-5512 and provide the following information: type of card, card number, expiry date, name on card and amount of donation. Or complete the following form and return it to the address above.

Type of Card:	Name on Card:	
Card Number:	Expiry Date:	
Security Number:	Postal Code:	
Amount of Donation:	Phone Number:	

Website: Visit www.larchehalifax.org and click on the "Donate" button.

United Way: Pledge through United Way and request it be allocated to L'Arche Halifax.

Monthly Giving: Call the office at (902) 407-5512 Leave a Legacy: Call the office at (902) 407-5512